

Getting ready for LEARN TO SKATE!

Get Registered! If you haven't already:



Registration Details:

Registration opens approximately 10 days before the session starts and will be closed the Thursday preceding the session. [Link to Register](#)

Pricing: The cost is \$16 per class, multiplied by the number of weeks in the session (5-6 weeks for the 2023 – 2024 sessions). An annual Learn to Skate membership fee of \$17.50, payable to Learn to Skate USA, applies to new registrations for the season (expires on 6/30).

Session Start Dates and times:

❖ **Winter 1:** January 5th, 2024 ❖ **Winter 2:** **February 16th**, 2024 ❖ **Spring 2024:** April 5th, 2024

Fridays: 4:00 pm – 5:00 pm and **Saturdays:** 10:30 am – 11:30 am

- Please send an email to Brandy Hemphill at hemphillb@gilmour.org Re: Information on whether this is a GA student enrollment **and** if you plan for your student to take the bus from the GA Lower School on Friday.

What class should I sign up for?

Beginners: We have 2 introductory classes separated by age only, for those who are just getting started.

Snowplow 1: is for age 5 and under.

Basic 1: is for age 6 and up.

The difference between B1 and SP1 is maturity, comprehension, and natural strength. Often in Snowplow 1 the coaches must prepare for separation anxieties with many of those little skaters.

Hockey 1: In order to sign up for Hockey 1 the skater must have passes Basic 2 or Snowplow 4, and must be able to skate 1 lap around the rink independently. Disclose ADM enrollment please.

***NO EXCEPTIONS** to these enrollment guidelines

Session Details:

- ❖ Learn-to-Skate ice time is one hour, with a 30-minute lesson during the first or second half of the designated hour.
- ❖ Students may practice in the practice area during non-class time if it's available. Please be aware that the practice area may not be provided every session, depending on enrollment.
 - **Sample practice:** Friday LTS hour 4p – 5p, Class time at 4:30 making practice time 4-4:30



Preparing for Class

- For Snowplow 1 & 2, helmets and gloves are mandatory. No exceptions. Children without helmets will be removed from the class and offered a borrowed helmet if available.
- Dress warmly with hats, gloves, and a coat. Snowpants are recommended for lower levels. It's better to overdress and remove layers if needed.
- Wear socks that pull above the skate and bring a water bottle they can keep off the ice.

Check-in:

- Please make sure to check-in at the Welcome table during week 1.

Skate Rentals:

- Skates are available for rent at no cost. Just head straight back and look for the **Skate Rental sign next to Rink 2 entrance.**

Class Start Time:

- Note your class start time, as it may change from one session to another but not week to week.
- Line up at your designated area in **Rink 1** just prior to your start time. **Look for your class sign on display along the rink walls**, where your coach will meet the class.
- **ASPIRE Coaching:** There may be a coach change mid-way through the class for ASPIRE.

Program and Rink Policies

Cancellation / Make-ups:

- Make-ups are allowed **only** if there is available space in another class of the same level, and prior permission must be obtained.
- Unfortunately, no refunds or credits are provided for missed classes or late enrollment.

Parental Expectations:

- At no time is a parent allowed on the ice (with or without skates on) unless they are enrolled in a class.
- Parents are not allowed in the hockey box areas. Please remain behind the glass.
- Pay attention to announcements that are posted on-site and emailed
- Remember that your child might need time to adjust to new experiences, so it's essential to be mindful and provide space for the coaches to facilitate a smoother transition. Some kids may still be dealing with separation struggles, so understanding and patience are key.

Ice Usage:

- All ice before and after the Learn to Skate hour is designated Figure Skating ice.
- Admission to Figure Skating Freestyle ice should be arranged with your private coach and the Figure Skating Coordinator.

Public Skating:

- Gilmour does **not** currently host Public Skating sessions.